Bavender Dand Instructions

## Supplies:

Fresh lavender stems (11 or more) 2-3 yards of ¼ inch satin ribbon Scissors Pruning shears

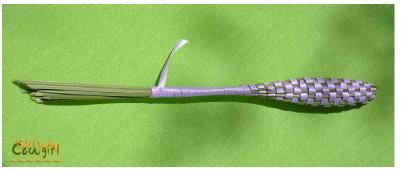
The suppleness of the stems is important so it's best to harvest the lavender early in the day. Make sure the flowers aren't damp.

## Instructions:

- 1. Cut 2-3 yards of ribbon. Three yards will be more than enough but it is easier to trim off than add more in.
- 2. Pick 11 or more (must be an odd number) fresh lavender stems at least 12 inches long.
- 3. Strip all the leaves from the stems.
- 4. Line up the bottoms of the flower heads and tie them with one end of your ribbon leaving one end long.
- Turn the bundle of stems upside down and very gently bend each stem down over the flower heads. Take your time to make sure they don't overlap and are evenly spaced.
- 6. Leave the short end of your ribbon tucked inside the "cage." Gently pull the long end out.
- Start weaving the ribbon over and under the stems, creating a basket effect. Pull gently on the ribbon to make sure the weave is tight.
- 8. On the second row, be sure you are going under the stems you went over on the first row. The first two rows are the most difficult.
- 9. Keep weaving until the flower heads are completely covered. Use a lavender stem to push back in any buds that stick out or just rub them off.
- 10. Wrap the ribbon around the stems at the bottom of the flower head and tie a slip knot.
- 11. Trim the ends of the stems to the same length.
- 12. Continue wrapping the ribbon round and round the stems to the end or until you run out of ribbon. Tie a slip knot.

After the stems have dried and shrunk, you can rewrap them and glue the ends.

Your lavender wand will last for years. If you ever need to refresh it, a few gentle squeezes of the flower head will make the fragrance as good as new.





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